

Prof. Dr. Adel George Tannous

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TEACHING EXPERIENCE

- Deputy Dean of the College of Educational Sciences for Graduate Studies 2018-2021
 - Deputy Dean of the College of Educational Sciences for Administrative Affairs 2016-2018
 - Head of the Counseling and Special Education Department / University of Jordan 2009-2013
 - Director of the Counseling and Special Education Program / University of Jordan, from the date of 9/1/2005 to 1/9/2007
 - Professor at the Faculty of Educational Sciences / University of Jordan (2018)
 - Associate Professor at the Faculty of Educational Sciences / Amman Arab University (sabbatical leave 2013-2014)
 - Assistant Professor at the College of Educational Sciences / University of Jordan from 6/17/2004 to 1/4/2012
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PROFESSIONAL & WORK EXPERIENCE

- 1- Participation in the international conference held at the University of Nevada, USA, 21-25 / 3/2012
- 2- Participation in the international conference held in Vienna - Austria 7 / 4-11 / 4/2013
- 3- Participation in the international conference held at the University of Nevada, United States of America, 21-25 / 3/2016
- 4- Participation in the Second International Conference on Psychological Counseling, Antalya, Turkey, 5/26/2011 - 5/30/2011
- 5- Participation in the First International Conference on Psychological Counseling Antalya - Turkey 4/19/2010 - 26/4/2010.
- 6- Participating in preparing and modifying the system for practicing the profession of psychological counseling and clinical psychology - and mental health, in cooperation with the Ministry of Health.
- 7- Holding a training course for the General Command of the Jordanian Armed Forces with communication skills and communication during the period from 3/7/2010 to 7/5/2010
- 8- Participation in the Ma'an Conference Towards Integrating Learning for All during the period from 14-17 / 2/2010, which was held at the University of Jordan
- 9- Holding a training course on communication skills and mental health and adapting to the new work of faculty members of the

University of Applied Sciences, May / 2009

10- Participation in a work visit in the field of rehabilitation sciences and learning difficulties at the University of Humblet / Germany during the period 3-12 / 5/2008

11- Participation in the Inclusion Conference for All held on 10-13 / 5/2009 in cooperation with the Swedish University of Lund

12- Participation in the conference of integration for all in special education during the period 4-6 / 10/2008

13- Participation in the TEMP's project held between the University of Lund, Sweden, the University of Humblet / Germany and the University of Jordan, during the period from 9/1/2006 to 28/2/2010

14- Participation in the evaluation of many researches and books in the field of psychological counseling

15- Teaching many subjects at the level of doctorate, masters and bachelor's degrees in the field of psychological counseling

16- Member of the Social Committee - College of Education - University of Jordan

17- Participation in the discussion of a number of masters and doctoral theses in psychological counseling.

18- Supervising a number of masters and doctoral dissertations in counseling and special education

19- Member of the Committee for Investigating Student Cases - College of Education - University of Jordan

20- Member of the Technical Committee of the Model School / University of Jordan.

21- Member of the Administrative Board of the Schneller School Alumni Association and Association, 1996 - 1998

22- Member of the Administrative Board of the Cultural and Educational Forum for Private Schools in the Special Education Directorate from 1996 - 1998.

23- Participation in the course on educational sciences at the ERC in 1997.

24- Participation in the educational course entitled "Peer Mediation" by American experts on 2-5 / 4/1996 in Amman National Schools.

25- Preparing many workshops for private schools from 1994-1996

26- Participation in training courses held by the Ministry of Education under the supervision of Special Education in training educational counselors from 1994 - 1996.

27- A trainer for educational counselors in the private schools of the Directorate of Education and Teaching of Oman Private.

28- Participation in the fourth educational course in the field of education in Ayannaba - Cyprus during the period from 25-31 / 7/1993.

EDUCATION

1. Doctor of Philosophy degree Ph.D. In psychological counseling and guidance from the University of Lund - Sweden in 2004

2. Master's degree in psychological and educational counseling _ the University of Jordan in 1994

3. Bachelor's degree in counseling and mental health - University of Jordan in 1992

Research Published & Approved for Publication

- 1.** Almshaqbah A, Tannous A. (2019): Effectiveness of a counselling program based on alderian therapy to improve the quality of life of adolescents with chronic disease. *International Journal of Advanced Science and Technology* Vol 13 (4)
- 2.** Khamra, H.; Tannous, A.; Hadidi, M.; Alkhateeb, J.; (2012) Knowledge and attitudes toward epilepsy among school teachers and counselors in Jordan. *24* (4), 430-434.
- 3.** Tannous, A., Khateeb, J., Khamra, H., Hadidi, M., and Natour. M. (2012). Jordanian School Counselors' Knowledge About and Attitudes toward Diabetes Mellitus. *International Journal for the Advancement of Counseling*. 34 (2), 136-142.
- 4.** Tannous, A.; Matar, J.(2011); The relationship between depression and emotional intelligence among a sample of Jordanian children. *Procedia-Social and Behavioral Sciences* 5, 1017-1022
- 5.** Tannous, A.(2010) Factors causes depression among children in Jordan: what teachers see? *Procedia-Social and Behavioral Sciences* 30, 341-346
- 6.** Tannous, A. (2014) :Child Depression in the family context. *Humanities and Social Sciences Review* 3 (2), 619 – 631.
- 7.** Al -Khamis, Awateef, Tanous Adel (2019). The level of psychological flexibility and its relationship to psychological stress among a sample of female preparatory first year students at Al-Jouf University in Qurayyat Governorate. *The Jordanian Educational Journal G, Volume IV, Number Three*.
- 8.** Tanous, Adel ; Hawamdeh, sublime; (2008) The extent to which the educational counselor possesses counseling skills in dealing with crises in schools in the governorates of the central West Bank (Palestine). *Journal of Educational Sciences - Qatar University, Volume 13, pp. 175-206*.
- 9.** Tanous, Adel; Rihani, Suleiman; Zoboun, Salim; The personality traits that distinguish between gifted and ordinary students. (2012), *Dirasat Journal - Deanship of Scientific Research - University of Jordan. Issue 1, Volume 39, 119- 134*.
- 10.** Rihani, Suleiman; Tanous, Adel; The relationship between lifestyle and anxiety and depression. (2012), *The Jordanian Journal of Educational Sciences, Issue 3, 183-194*.
- 11.** Tanous, Adel; Jana, George; (2009) The effect of the cognitive-behavioral modification program on developing the self-efficacy of drug addicts in the governorate of Akka and its relationship to some variables. *Journal of the Faculty of Education - Ain Shams University* 32, 435 – 461

- 12.** Al-Zariqat, Hazal; Tanous, Adel; Momani, Randa; Khatib, Farid; Al-Zureikat, Ibrahim; (2010) Evaluation of the tangible benefits of using hearing aids for hearing-impaired students in Jordan and their relationship to some relevant variables. *Journal of Studies - Deanship of Scientific Research*
- 13.** Tanous, Adel; Khawalda, Muhammad; (2014) The effectiveness of affirmative training in improving self-esteem and adjustment among students who are victims of bullying, *Dirasat Journal - Deanship of Scientific Research - University of Jordan, Issue 1, Volume 41, pp. 421-444*.
- 14.** Al Masoud, Hala, Tanous, Adel; (2015), codifying the list of professional preferences for John Holland for the Jordanian environment, *Dirasat Journal - Deanship of Scientific Research - University of Jordan, Issue 1, Volume 42, pp. 85-107*.
- 15.** Tannous, Adel, (2017), The effectiveness of a counseling program based on rational-emotional therapy in reducing depressive symptoms and improving self-esteem among a sample of students with low emotional-behavioral features, acceptable for publication in the *Journal of Studies - Deanship of Scientific Research - University of Jordan*.
- 16.** Mahaira, Abdullah, Tanous, Adel, (2018) The effectiveness of a supervisory program based on the cognitive behavioral model in improving counseling skills and reducing psychological pressure among counselors of Tafila Schools. *Dirasat Journal - Deanship of Scientific Research - University of Jordan*.
- 17.** Al- Tamimi, Rasha & Tannous, Adel (2022). Contribution of Hierarchy ambiguity and dysfunctional boundaries in predicting emotional cutoff among women who attend mental health centers. *Dirasat, Human and social Sciences, Vol 49, No 3*.
- 18.** Salameh, Eman & Tannous, Adel (2022). The relationship between quality of life and future anxiety for a sample of Multiple Sclerosis patients based on selected variables, *Dirasat, Human and social Sciences,*

PUBLISHED

BOOKS:

- 1- Al-Rihani, Suleiman, Al-Zureikat, Ibrahim, Tanous, Adel, Guidance for People with Special Needs and Their Families (2009) Dar Al-Fikr for Printing, Amman, Jordan.
 - 2- Al-Sharaa, Hussein, Tanous, Adel, Al-Zoubi, Asaad, Maali, Ibrahim, Al-Adwan, Fatima, Al-Hawyan, Ola, Al-Mahaira, Abdullah, Al-Khawalda, Muhammad Principles of Psychological Guidance: Concepts, Foundations and Theories 2016, Al-Amiriya for Publishing and Distribution Amman, Jordan.
 - 3- Tanous, Adel, (2019) Counseling and Psychotherapy Skills. Thought House for Printing and Distribution, Amman, Jordan.
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